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17 SPEAKERS
Del Bigtree
NARRATOR VO
Jenn Sherry Parry, Executive Producer, The Highwire
Female News Correspondent
Male News Correspondent
Female Speaker
Glenn Meder, Privacy Security Expert
Jefferey Jaxen, Investigative Journalist, The Jaxen Report, The Download
Jay Bhattacharya, M.D. PH.D., Director, National Institute of Health
Robert Kennedy, HHS
Erica Schwartz, M.D. M.PH., J.D., Director, CDC
Dr. Mehmet Oz, CMS Administrator
Alycia Perkins, Esq. Attorney, Siri & Glimstad
John Gray, PH.D, NYT Best Selling Author, Marriage Counselor & Sex Therapist, MARSVENUS.COM
Male Speaker
Catharine Layton, COO, ICAN
Group of People

START OF TRANSCRIPT

[00:00:05] Del Bigtree
Have you noticed that this show doesn't have any commercials? I'm not selling you diapers or vitamins or smoothies or gasoline. That's because I don't want any corporate sponsors telling me what I can investigate or what I can say. Instead, you are our sponsors. This is a production by our nonprofit, the Informed Consent Action Network. So if you want more investigations, if you want landmark legal wins, if you want hard hitting news, if you want the truth, go to ICANdecide.org and donate now. All right everyone, we ready?

[00:00:44] NARRATOR VO
Yeah.

[00:00:45] Jenn Sherry Parry, Executive Producer, The Highwire
Let's do this.

[00:00:46] Del Bigtree
Action! Good morning, good afternoon, good evening, wherever you are out there in the world. It's time to step out onto the Highwire. You know, a lot of times I'm traveling the country, which I do a lot, even traveling the world. People will come up and, you know, say thank you for your sacrifice. You know, I have no skin in the game. Thank you for standing up for autism, things like that. And, and I always try to correct them and say, I do have skin in the game. I have children. My son is 17. My daughter is 12. And I'm deeply concerned about the future that I am leaving to them. And so a lot of the work that I do, what gets me up in the morning is the thought, am I going to be happy with this? If this is the world that I'm leaving to my kids, I've got to, you know, work on trying to create an environment that is free for them as it was for me. But there's so many things in modern technology and it just feels like, you know, there's a tidal wave of issues that we never had to deal with. And one of the most confusing ones to me is this one.

[00:02:05] Female News Correspondent
For the first time in a generation, Congress is on the verge of passing a law specifically written to protect children on the internet.

[00:02:12] Female News Correspondent
The Kids Internet and Digital Safety Act has faced an uphill battle.

[00:02:16] Female News Correspondent
It has all been characterized as some of the most significant congressional developments to happen in decades to regulate social media actions.

[00:02:25] Female News Correspondent
The act, dubbed Kotiya, establishes duty of care. That's a legal term requiring social media companies and other platforms, like gaming sites, to reasonably mitigate harm.

[00:02:37] Male News Correspondent
So this would require social media platforms, gaming platforms and other online companies to prevent and mitigate harms to kids online, like bullying and violence, promotion of suicide, eating disorders, substance abuse, sexual exploitation, and promoting illegal products.

[00:02:54] Female Speaker
You have an industry here in the virtual space that has no product by design safety standards, there is no duty of care. You need to put some guardrails in place.

[00:03:09] Del Bigtree
Now, I don't know where you're at on this conversation. Obviously, a lot of that makes sense if you get into this conversations, things like, well, hey, you know, you have to have a driver's license to be allowed to drive a car at 16, you have to have a license and show ID in order to be allowed to drink or to vote. And so what is the difference here? This is just simply having our children show an ID or show proof that they're able to, you know, that there's certain stores they can't walk into, there's bars they can't walk into, there's liquor stores they can't walk into. So why not have, you know, internet sites they can't walk into? Well, it seems like a no brainer, but there's something deep down that's making me nervous. And it's that sort of instinct that though I think a lot of these people that are, you know, fighting for ID online or trying to protect our kids and do what's right. It sure feels like the government and the globalists of the world are also looking to control us in everything we're doing. And I'm finding myself staring at what appears to be a very slippery slope. So I thought it'd be really great to get a little bit of a different perspective today than the one we're getting all the time in mainstream news. So it is my honor and pleasure to be joined by Glenn Meder, who runs the Privacy Academy online. Glenn, thank you for taking the time today.

[00:04:28] Glenn Meder, Privacy Security Expert
Thank you very much, Del. Honored to be here.

[00:04:31] Del Bigtree
So you have a slightly different take than that that we just saw on, on, you know, in the news or really when you turn on your TV, there's mostly one perspective being shared. I think a lot of us are very concerned with whether it's violent video games or adult sexual content. We don't want our kids when we're not around, they're down, you know, hanging with their friends. I mean, look, we all got into trouble when we were little kids. We did things when our parents weren't looking. And I think deep down, we know how do we control this thing? Um, but you have a slightly different perspective. And look, there's states every day. There's more states that are passing laws. They have the federal government jumping in for, you know, um, sort of I.D. and age verification. So what's the side of it we're not paying attention to?

[00:05:18] Glenn Meder, Privacy Security Expert
Yeah. I mean, it's more than slightly different. It is totally different. So one thing you said here is it is this is happening all around the world. And this is a globally coordinated event where they're passing these laws, uh, all the states, the federal government, but all there's, I think there's 50 countries around the world right now that have passed these laws. These laws are not about protecting children. They do not protect children. And in fact, I think these are the most dangerous laws to liberty that we have ever seen. And I think that this is the most important issue facing humanity right now. So what this does is these laws create an online digital ID that every person must submit to. And their goal is to completely kill privacy. Total surveillance. So. So once they implement these, the device makers themselves will force people to verify themselves either with government ID or biometrics. And that will follow them around everywhere they go. And there will be no it's kind of like somebody watching over your shoulder, never blinking. They will see every single thing that you do. You cannot get around them. That's their goal. At least. Their goal is to totally lock down our privacy or or lack thereof. They don't want us to have any privacy. They want total surveillance over every single thing that we do.

[00:06:41] Del Bigtree
So when you say, I mean, do you actually believe these politicians that are writing these laws standing behind it are a part of some, you know, bigger cabal of, you know, the destruction of sovereignty and privacy. Or are they just useful idiots that are, you know, that these suggestions are coming from somewhere else. And I have to say, one of the problems with this world, it's like we, we release a technology, it gets put out to the world. We know it's problematic. And then the solution is always to come after our freedom. So it's like they're getting on both sides. And those of us that want to control us, you know, the I've traveled the world, I see the globalist system taking part, you know, taking actually taking apart the sovereignty of nations all around this world. I think America is standing up the best. But sometimes I wonder, is it those same governments that are putting the problem into our society and then right behind it, oh, hey, we've got a solution. It is total surveillance of all of you all the time. Uh, what what are we really up against? I was asking this all the time. Who is they? Who is the day that is bringing this, um, surveillance?

[00:07:52] Glenn Meder, Privacy Security Expert
Yeah. So you asked the question about are the politicians in on this? I think there are definitely politicians that are in on this. There are there are definitely part of people that are totally in on this. There are a lot of politicians that are just going along with it because they think, you know, it'll win them votes because, you know, I'm protecting kids. And so they don't necessarily know what's actually going on. But there are some that do. But this is a World Economic Forum, uh, agenda item, the UN, the world Bank, they've they've published their plans for this too. So this is definitely a globalist thing. And really the way I look at it is this is a behind the scenes tyrant thing. The tyrants have always been with us. And these are psychopaths that want to rule over us. They've always been here and now what they have is they have the technology to totally control every aspect of our lives and to totally lock us down. And this is what this is one piece of the puzzle. And so we we look at flat cameras, we look at AI data centers, we look at these controls that they're putting on cars and digital ID, online child safety laws. These are all pieces of the puzzle. And what we have to look at is what is the puzzle create when it all comes together. And that is a that's the social credit system. That's the control grid that gives these tyrants a level of control over every single thing that we do. See, watch, say, uh, transact how we transact. Uh, it gives them this level of control that these tyrants have never had before in history.

[00:09:31] Del Bigtree
So take me through what is the next step that I'm not seeing right now. Okay. My 15 year old child has got to, you know, show that, you know, their age or I have to show my age if I want to go to a more mature site. Maybe even my bank accounts. I mean, whatever that ends up being. It seems, you know, docile enough. What is the next step? Like, take me on your thought. If you're to project, what are the next steps then? And how far away do I suddenly go? Oops. I've made a major mistake. What has happened at that point?

[00:10:08] Glenn Meder, Privacy Security Expert
Okay, so first of all, we have to understand that the internet itself is being rewired. And so this is a collusion between big tech and governments and these behind the scenes tyrants. And so what will happen is, and this has already happened to some degree in England, where you will have to prove your identity on your device and the device, then will will then say, yes, this is Glenn Meter, and Glenn Meter is going to this site and this site and this site. So what will happen is it is stamping your papers. So if we look back on Nazi Germany, you know, show me your papers. This is basically what this is doing behind the scenes. So every site that you go to. Okay, this is Glenn Meter. This is confirmed to be Glenn Meter. He's looking at this article. He's he's coming in on this. Uh, and so it's kind of like if we were to go to Walgreens and we walk in the door and there's somebody standing there and they say, show us your papers. And so we, we can't get in until they show us. We show them our papers, and then we can only get in if we are not blacklisted. And that's really what's going on with the devices.

[00:11:18] Glenn Meder, Privacy Security Expert
So when you're saying the big picture, what is the big picture? So we've all heard of the CBDCs, the CBDCs, which is weaponizable money. That's the best way to think about that. They can't be implemented until this digital ID, this online digital ID is in place. So once they do the online digital ID, then it works with AI, which is already on our devices. It's already on the platforms that we use, and then it will work with the Cbdc. And those three things together will be able to control us, control our actions, control our speech. If we speak up against anything that can give us an immediate, immediate fine. And so the way I look at this is tyrannical countries throughout history have always been top heavy with manpower needed for enforcement. But what we have now is AI eliminates that manpower that's needed. Ai can manage everything, every person all at once, but they have to. It has to have an anchor, which is that digital ID. So the digital ID is the anchor to the AI that will manage us. And then the Cbdc. And there's other things that will be used as weaponizable, things that will be able to control us.

[00:12:35] Del Bigtree
You know, as you were saying that you were talking, about. It was like a Walgreens or a drugstore if you had to show ID. I also think one of the things you're describing, as you just described it, is I also have to show everything that's in my bag as I'm leaving, because it just tracked everything that I just purchased inside of that store. Meaning if I have health issues, it knows about it. Whatever is going on, it knows what's going on with me. And I think as you were talking, the thing that makes me nervous and look, we know how convenient this is going to be. It's going to be, you know, I'm only going to have to type in all of my ID information a couple times before some prompt will say, would you like your fingerprint or your eyes scan to just automatically allow you in every site? Sure. And the body of us will do that until it's just mandated. But I try to imagine a world back in Covid again where I always say, you know, they already played their hand, they showed you their hand, they showed you what they want. And, you know, in that moment, we were censored on highwire.

[00:13:31] Del Bigtree
Our nonprofit, you know, all the work we're doing is censored on YouTube. We're shut down, shut down them on Facebook and Instagram. And I think about how many people that even want to donate to us that always ask, can I make sure that it's totally private, that it'll never be announced? Well, what happens if we're in another Covid and we're one of the shows telling the truth? And not only finally they can shut us down, maybe we find a blockchain answer, but if they watch, they know they're being watched, watching the Highwire. What happens to all of us if the machine or the system or the government decides that is misinformation? And we watched you take in 120 hours or whatever this week of misinformation. And that's what leads into that social credit. I mean, it does it does seem very quickly it rolls into this dystopian nightmare where we're technically living in an open air prison. So what is the solution? I mean, how do we I mean, do you have kids? Do you have grandkids? Do you think about, you know, teenagers right now? What are we supposed to do about this?

[00:14:33] Glenn Meder, Privacy Security Expert
Yeah. So this is why I do this. I mean, I like like you, I have a child and I look at what is coming in and I look at everybody that is enjoying their life and they don't see what is coming at them, and it's coming at them like it's coming at us like a freight train. And this is something very serious that we have to address, and we have to stand up for this. We have to stand up for liberty. We cannot let this stuff happen where they because what you're saying is exactly right. One of the first things that they. One of the first reasons they want to do this is to crush freedom of speech. And they'll be able to do that in a more, uh, meticulous way, a more personalized way than what they were able to do during Covid. What they're doing with this is they're going to be able to individually focus on people and target them and, uh, and penalize them. And this is, this is something that I noticed with Covid and I think you did too, probably with. I saw all the injustices happening during Covid, but then when I talked to some of my people, my friends that were on the left, they had no idea. They had no idea that people were being censored. They had no idea that any of this stuff was going on. It was a total surprise to them. They didn't really believe it, but this is what they're going to be able to do with this, is they're going to be able to shut us down individually one by one, and they're going to be able to penalize us. And this is this is really why they want to do it, and this is why they're trying to push so fast. They want to push this faster than we can realize what's going on and wake up to this.

[00:16:08] Del Bigtree
How do we protect our kids then under these circumstances? I mean, what do you recommend that we do? Well.

[00:16:14] Glenn Meder, Privacy Security Expert
Yeah. So so there's some things that I, I do think it's important to get your own house in order. And that's what we do at Privacy Academy. But one of the things that we teach people is really try to get away from the big tech platforms. So if you can we encourage a version of Linux called Zorin. And that's why you should get away from windows. You should get away from Apple, because they have AI built into the computers that are watching you right now. And so you need to go to Linux. Zorin is a particular version of of Linux that I recommend. You need to get off of, uh, big tech devices on your phones, get get away from Apple, get away from Google. And then you need to learn some privacy steps to, to get yourself your own house in order. But then we have to stand up. We and I, I recommend that we do this on a local level. We really have to push back on this on a local level. We have to wake people up and we have to stand up for the principles of liberty. We can't just keep focused on the the what they want us to do is just focus on the pieces. Okay, flock cameras, let's get up in arms about flock cameras. But we have to look at the bigger picture. What happens when these all of these pieces of the puzzle come together and forms this bigger picture that they're creating. And so yes, stand up for flat camera against flat cameras against this. But, but we have to keep the big picture in mind. And that is our liberty. Our rights are inherent in who we are and our rights come from God.

[00:17:46] Del Bigtree
Do you think we should let our teenagers have cell phones to be playing video games to be on, you know, social media platforms? Um, are those things you've allowed your kids to do? And is there any safe way to allow that to happen where, you know, they aren't coming in contact with danger?

[00:18:06] Glenn Meder, Privacy Security Expert
Yeah. So we, we kept our son. So he's 27 now and he works with me in the business. And we, we kept his we tried to keep his innocence as long as we could. So we monitored him very closely. We didn't let him have phones or computers or anything in a private room. It was only with us. But. But more than that, I think it's about talking to them and educating them, because there was a very specific instance that happened to him on TikTok where he realized that the AI on TikTok was actually targeting him. And I'll tell you about that in some future time that we get together. But that when he had that experience, he realized that what I was telling him, because I had been talking to him about this for a number of years, he saw the pieces come together and he saw that. Okay, yeah, this is what he's saying. What Glenn is saying is, is real. And they're trying to hurt me, actually. And so it kind of woke him up and then that kind of snapped him out of it. And so I think we need to keep the dialog going and, and tell them this world that we're in.

[00:19:13] Del Bigtree
Yeah. We're actually, you know, just dealing with that. We have our, you know, one of our kids is in public school now. And that brings a whole other level of woke conversations you're not in. And we're trying to handle that by keeping an open dialog and saying, look, we trust you, but we also need to keep this open dialog. And I agree, I think we can't totally shelter our children. This is the world that they are, you know, immersed in. It's going to be a part of their future. They have to learn how to navigate it. If people want to learn those tools or really get into how do they protect their own privacy, their family's privacy. I know that's what you do. That's what Privacy Academy is all about. What's the best way for them to reach out to you and get involved?

[00:19:54] Glenn Meder, Privacy Security Expert
Yeah. So reach out to us at privacy academy.com. We also have a toolkit so that that website that you're showing right there, child safety.com. This is a toolkit that we put together to educate people on the dark side of online child safety laws. And so there's an ebook and there's handouts and there's how do you share this with others? How do you, how do you spread the word about what's what's actually going on with these laws? Because I talked to Rand Paul a couple months ago and he said one of the problems is that if you oppose these laws, they get bombarded by people and these groups say, what do you what do you not care about kids? Why are you not protecting kids? So we have to stop putting pressure on to promote these things. We have to really get our act together before we can expect the politicians to get their act together.

[00:20:46] Del Bigtree
Yeah, that's always the case. We talk about all the time, the court of public opinion. How important is Glenn, I want to thank you for joining us, giving us some perspective and, you know, in some ways scaring us about the future. But that's what we do. We've got to be involved. And so for anyone, one more time, if you want to check it out, it's the privacy Academy. Great work there. Maybe things you probably we're all busy, right? We're running through. We realize there's a problem, but can I do something about it? Some real tools and action there. Glenn, thank you for joining us today.

[00:21:16] Glenn Meder, Privacy Security Expert
Thank you very much.

[00:21:17] Del Bigtree
All right. Awesome. Um, this is a great show coming up. And it's going to be an example of, you know, our ability to bob and weave, uh, very quickly. I actually just on advice of a friend, went to the Wonderland conference that happened to be happening in downtown Austin yesterday. Um, my friends at Liver Cleanse are going to do a liver test on me. And then I ran into Dave Asprey. And all out of nowhere, I run smack into John Gray, the author of Men Are from Mars, Women Are from Venus. And his new book, the same title for Women Only. And John and I have been playing phone tag forever. And suddenly I was like, wait, you're in town? I called the team. Let's change it up. I got a new guest this week, so I cannot wait to get into his latest discoveries on what is making us all tick. And maybe we'll talk a little bit about how about our teenagers and what's going on with them in this world around sexuality, in the world that they live in. Um, but first, it's time for the Jaxen report. All right. Jefferey. It is shark infested waters out there. It just. I just feel like every day is like there's just another one. Another shark is in the water, right?

[00:22:37] Jefferey Jaxen, Investigative Journalist, The Jaxen Report, The Download
Well, well, let's go into this though, because October is Vaccine Injury Awareness Month. And having been a journalist in this space for well over a decade, you have as well, um, working to really bring awareness to this topic. Secretary Kennedy has just done something that has moved the ball further than we've ever seen it. There's a new high water mark with this announcement. Take a look.

[00:23:00] Del Bigtree
Alright.

[00:23:05] Jay Bhattacharya, M.D. PH.D., Director, National Institute of Health
Today is a historic day. We are opening a new vaccine injury clinic dedicated to developing the science of preventing vaccine injuries, making vaccines safer. And most important of all, listening to the voices of people who have suffered vaccine injury so that we can learn from them and learn from their experience to make vaccines safer.

[00:23:25] Robert Kennedy, HHS
For many years, moms and children with vaccine injuries, the parents of those children, people who suffered injuries themselves, have been marginalized, vilified, demonized and gaslighted. And they have not received the medical attention they need. And we have not done the studies that need to be done to understand who's vulnerable to those kind of injuries.

[00:23:49] Erica Schwartz, M.D. M.PH., J.D., Director, CDC
And at the CDC, we recognize that the best way to protect Americans is to listen to them. And we're doing exactly that. When they share their stories with the CDC, we listen, we investigate, we believe them, and we go where the evidence shows us. That is our commitment to the American people.

[00:24:07] Dr. Mehmet Oz, CMS Administrator
When we listen to the patients today, there was a recurring theme. The doctors taking care of them both ignored their symptoms, but also did not report with the families, especially the parents thought had happened to their children. That cannot continue.

[00:24:21] Robert Kennedy, HHS
The Trump administration wants all the mothers, all the people who believe that they've been injured by vaccines, to understand that you're finally being listened to.

[00:24:35] Del Bigtree
All right. Can I Jefferey just have a moment here just to say, you know, at a time where people are questioning, you know, what is Bobby really doing? Uh, is there any advancement? I don't feel like anything's happening. Um, I don't think there's a parent with an autistic child today as we watch this in this country that isn't on the verge of tears for what we're staring at right there. Um, all of the people that were injured, that lost their children after a flu shot, they were their child was paralyzed after Gardasil vaccine. And I've talked about this over and over again. This is the journey I've been on since I left my job at CBS, released the film VAXXED, toured the country and ultimately the world. I've interviewed thousands and thousands of parents, and all those parents have said the same thing. I just want the government to recognize that this is happening, because you cannot fix a problem if you ignore that it's happening at all. And when Robert Kennedy Jr says the gaslighting, there's never been gaslighting like there is on this issue. And I know there are conversations about what Robert Kennedy Jr is not doing. But let me be perfectly honest, if this one thing this week is all that Robert Kennedy Jr got done during his entire tenure as HHS secretary, I would say one small step for mankind has just taken place. My God. Finally. Thank you, Robert Kennedy Jr. And look, he didn't just go out there and stand there all by himself. He brought the the new, you know, director of the CDC, Erica Schwartz, who who used the word, stood there.

[00:26:18] Del Bigtree
I watched her face. She didn't look like she was, you know, chewing on those words. She said, look, we've got to listen to the people. Doctor. Mehmet Oz, famous doctor, television doctor, never talked about this really on his show is standing there and saying, we sat, we're listening. We are believing you and your stories, and we are going to investigate this and get to the bottom of this and figure out what's happening. Why are the people that are having injuries having these injuries? Um, and then of course, the head of NIH, which is going to house this entire thing, doctor Jay Bhattacharya, the man, by the way, that was shut down by the NIH director that was in his job, said those Great Barrington Declaration people. Jay Bhattacharya, Sunetra Gupta, Martin Kulldorff shut that down. He said to Tony Fauci, and we now live in a world where that man came and is now taking that job and is opening up a clinic to treat and also investigate vaccine injury. Jefferey I cannot, I mean to anyone that doesn't. Maybe you just got on board with this a couple of years ago. Covid freaked you out. Maybe you were a doctor. Never really thought about how many lives you were destroying. But this is decades in the making. Frankly, it's a century in the making. It's about time this government and all the governments of the world recognize vaccine injury. This truly is, I think, the biggest step this administration in all the things that it's done. This is the biggest one this week. I am really, really excited about it.

[00:27:51] Jefferey Jaxen, Investigative Journalist, The Jaxen Report, The Download
And it doesn't go back. The government has recognized it. And he said there too. Kennedy also said, we have not done the studies to see who's vulnerable to these injuries. That's 40 years of no studies. That's a really big deal, too. That's a bombshell. He kind of hid in there. But let's go to this announcement, this press release from HHS. And you can see here. So they launched this clinic? Yes. If you go into this press release, they've done more to. They're proposing reimbursing physicians for reporting suspected vaccine injuries. Wow. That's going to be huge. Physicians can now spend the time and be paid for that. They're requiring electronic health records to capture vaccine related adverse events. So now you can follow patients across their lifespan. They can do the studies for these now. And they're modernizing theirs. They have a grant. They already have a contract for Vaers. They're modernizing it. They're going to put it on your mobile iPhone so you can make these reports. Hopefully people won't get punished for that in the medical community. But that's a massive deal. Massive deal. This is not going back. This is really this is really a sea change within the government. And if a new government comes in and tries to reverse this, it's not going to go back very easily, especially in the media. Now, the other side of that conversation, remember, the ACip committee was supposed to meet in March to talk about vaccine injuries from the Covid shot. Well, a judge shut that down in Massachusetts.

[00:29:06] Jefferey Jaxen, Investigative Journalist, The Jaxen Report, The Download
Judge Murphy put an injunction on that meeting. Two meetings have gone by that were canceled because of this ongoing litigation. Next week is another one, the third ACip meeting since that announcement is scheduled. Will it go through? We don't know. But what we do know is the Department of Justice is fighting that in a court of appeals. Here's Reuters headline U.S. appeals court weighs block on Kennedy vaccine panel appointees. And it goes on to say U.S. Justice Department Matthews, Zoran, a department attorney, Matthew Zoran, argued at a hearing before the first U.S. Circuit Court of Appeals in Boston that the judge's ruling was preventing the Advisory Committee on Immunization Practices from meeting due to concerns that any new members, any new appointments Kennedy made to it could be blocked. He goes on to say this now talks about the actual judges in that Court of appeals. Some members of the three court appeals court panel on Tuesday raised concerns about how Murphy had crafted his order, which blocked 13 appointees from serving as chief, U.S. Circuit Judge David Barron said it lacked any explanation for why blocking Kennedy's appointees was legally authorized or justified. He also goes on to say it's hard to know precisely what harm this relief was designed to address, he said. Remember all Kennedy did and he stated he was doing this was replaced. He reshuffled the deck. He reconstituted asip with members that did not have the conflicts of interest. We all watched what happened during Covid.

[00:30:31] Jefferey Jaxen, Investigative Journalist, The Jaxen Report, The Download
You had rubber stamp after rubber stamp of these vaccines for for children all the way up to pregnant women and everybody. So they wanted less conflicts of interest. So he reconstituted that those memberships. But let's talk about conflicts of interest for a second, because some in the community will say, well, this is how business gets done. This is how the medical community interacts with the pharmaceutical company. Well, there's a new study that had just come out from the Cochrane Collaboration, putting this all to rest. Here's the Daily Mail headline gifts and free dinners from big Pharma influenced doctors prescriptions, even if they aren't the best medicine for patients, study claims. It goes on to actually get a quote from the study's author. This is Doctor Lisa Bero. She says this overall, when doctors have more contact with drug company promotion, prescribing tends to become less appropriate, more frequent and more expensive. So think about it this way. Drug companies in this respect help create dysfunction in the medical community. Literally interacting with drug companies makes the medical community less appropriate and more harmful. Let's go to the one of these graphs here. This was actually from that article. And you can see here in the opioid prescribing not a big surprise here. This is meals received versus prescribing rates. I mean and think about how how cheap these doctors are selling their soul for just a couple meals. They're gonna, they're gonna just distribute these things like Halloween candy.

[00:31:53] Del Bigtree
As it turns out, I guess let's go right to Covid vaccine is all they ever needed. You know, as we look at this, one of the points I want to make, because I think it's important as we look at Robert Kennedy Junior, when we look at what's going to happen during these midterms, should we be thinking about supporting Bobby so he can continue the work and the work that's going on there? Can we be really clear for a second? You know, when you were reading what this you know, what this appellate court, I guess it was just said about the court's decision. You know, this court went out of its way to shut down the advisory committee, which and say you have to use the advisory committee to make any changes. It did both. It said, I'm taking your committee away. And I'm also saying you are not allowed to make a single decision by yourself. I mean, this was a complete and total attack. For whatever reason, people might not get the reference. But remember the movie aliens where they go down and all of a sudden they're in the first, you know, they're being attacked by all the aliens. All of a sudden they realize that if they fire a gun, everything will blow up. Don't use your guns, don't use your weapons. And they're like, what are we supposed to use? Harsh language? What is Bobby supposed to use? He's up against a court system that's gone totally rogue.

[00:32:59] Del Bigtree
And let's be clear, this was simply about the hepatitis B vaccine. The lowest hanging fruit of the world's stupidest vaccines we have ever seen. Totally unnecessary for anyone born to a mother that's not hepatitis B positive, which is like almost all of us. And that one vaccine triggered all of this. And so when everyone was like, what are you doing, Bobby? He is trying to get through this court case. Obviously, the Department of Justice is in there now with what is clearly a rogue decision. But without ACip, if Bobby can't get an ACip sat, he cannot do all of the work and he can't reference all the science he's now doing and all he's going to discover with this new NIH agency looking at vaccine injury. And so this is what he's up against. I mean, for people like, I'm not making excuses, but can you imagine? You just go in and say, hey, look, can we just move this birth dose of hepatitis B to where it's appropriate, where it doesn't even make sense here, and all of a sudden your entire system is taken away from you, so you cannot move. And then everyone starts screaming, what are you doing, Bobby? I don't know. I'm trying to deal with an alien inside of the government right now, inside of a judicial system. Anyway. Progress is ahead. But when you read that article, it's shocking that this judge got away with this.

[00:34:17] Jefferey Jaxen, Investigative Journalist, The Jaxen Report, The Download
Yeah. And also all the other things he did shared clinical decision making. Hey, let's let's bring some informed consent back in here. Doctor patient relationship. Nope. Right to the courts on that one. But let's go back. Conflicts of interest. All he was trying to do was let's balance asip a little bit. Clearly it's been unbalanced. This is not an argument. So we go to this article by the Cochrane Collaboration. They looked at 93 studies. So this is a meta analysis systemic review and pharmaceutical industry information and promotional strategies aimed at prescribers. And they found this overall, we found that promotional interactions clinicians have with pharmaceutical companies are probably associated with harmful outcomes. Read it again. Harmful outcomes less appropriate prescribing, greater quantity of medicines prescribed or provided higher prescribing costs. So think about that. The more doctors interact with Big pharma, the more patients can possibly be harmed. And think about this. If it's just meals, they just found this with meals for this study. What about Asip members who sit on who are leading studies, vaccine studies, getting millions from the vaccine makers and making recommendations for the entire country? How much harm does that do? I think we should consider that when we're thinking about this court case with Kennedy. This is a massive move. This judge is shut down from simply trying to remove conflicts of interest.

[00:35:36] Del Bigtree
Yeah. It's amazing. And the irony is, he said fairness was why this asip had to be disbanded. Clearly meaning it's not fair. You don't have enough pharmaceutical powers inside of your advisory committee. So really, these are amazing developments. And, you know, honestly, my prayers are with Bobby, our government, our health departments, because so much could be done if we could get through these attacks. Who would have ever expected the American Academy of Pediatrics would be, you know, essentially going after the government, trying to shut down HHS secretary and finding a judge that would allow them to do it. You know, I'll just throw in there. They're also famous this week for trying to ban raw milk. So great. Go, go. American Academy of Pediatrics. Love the work you're doing.

[00:36:26] Jefferey Jaxen, Investigative Journalist, The Jaxen Report, The Download
I want to take a look at something that kind of runs parallel with the narrative to the Covid conversation, the vaccine conversation. That's the climate conversation. So let's take a look at the UN's recent climate backtrack. It was covered by Fox News brilliantly. Take a look.

[00:36:40] Del Bigtree
Okay.

[00:36:41] Male News Correspondent
The United Nations has withdrawn their worst case conclusion on climate. Now, they had been thinking that temperatures would go up by eight degrees Fahrenheit by the end of this century, and that the polar ice caps would melt completely. Daniel Turner is with us this morning. I thought that UN declaration abandoned that. That forecast. I thought that was a very big deal for climate science.

[00:37:04] Male News Correspondent
It really was. But but I think there needs to be a reckoning because this wasn't just a mistake in climate calculations or in science. There are whole countries that destroyed their economies. The UK shut down the North Sea oil and gas. We have entire nations that have crippled themselves and made themselves energy poor because of climate change. Not only that, generationally, how many young children have grown up with real climate anxiety that are convinced they're going to die? They did. These scientists, for political reasons, did great, great damage to the world, and it's not enough for them to say, oops, we made a mistake. There needs to be a reckoning for this.

[00:37:38] Male News Correspondent
What would be a reckoning? What would it be?

[00:37:40] Male News Correspondent
They lose all of their funding. They are. They are discredited. They have to offer formal statements. They should be forced to go around to schools and tell young people, you don't have to be worried about climate change. That's not going to happen. Of course not. But. But it's not enough to just say, hey, we made a mistake. And they did these. They did this for political calculations, and that's what's wrong.

[00:38:01] Jefferey Jaxen, Investigative Journalist, The Jaxen Report, The Download
So Daniel Turner does a great job setting the table there, because what he's talking about is this framing, this framing of the narrative that has really expanded out through science, through society. And this is you, an affiliated organization that changed this worst case scenario. So that worst case scenario is saying all of the beaches are going to be flooded because the sea is rising, the temperature is going to rise a couple degrees and it's going to cause massive wildfires. So this is the World Climate Research Program, and this is a UN affiliated organization. And they put forward this climate model. And this is the frame that policymakers and researchers look through. In a way, it's very similar to British epidemiologist Neil Ferguson at the beginning of Covid, when he said, oh my God, 500,000 people are going to die if we don't lock down. And that was the worst case scenario. And all the countries followed that basically into economic destruction, mandated vaccines and everything we've been reporting on. So this is what this climate conversation and this this rating does. And we can look in the rating now, this is the new rating. This is the new model they're talking about. What does breaking down. It says for the 21st century this range will be smaller than assessed before.

[00:39:15] Jefferey Jaxen, Investigative Journalist, The Jaxen Report, The Download
So no doom and gloom here. On the high end of the range, the cmip6 high emission levels have become implausible. So what they're saying they're in a very in a very, uh, you know, veiled sentence is they're saying, remember those those worst case scenarios, those fears. That's implausible. Now, science has changed. It's not settled. Apparently, we are told science was settled when it came to climate conversation. This is proof. It's not. The problem is that countries have destroyed their energy infrastructure in the name of climate change, in the name of the worst case scenarios. So now winter is coming in North America, winter is coming throughout Europe and the UK, and we're seeing headlines like this Europe set for another year of high gas prices as reserves hit low. That's Reuters. Here's the UK grid operator puts power stations on alert over electricity shortfall. It says the warning underlies some of the challenges facing the government, as ministers switch to the power system, based predominantly on intermittent wind and solar farms, with wind becoming the country's single largest power source in 2024. And then finally, Britain risks running out of gas by the end of winter, it says in this report from the European Network of Transmission System Operators for gas, says the UK is one of the most vulnerable countries to a gas crisis, with its forecasts showing a cold snap would send reserves to zero.

[00:40:36] Jefferey Jaxen, Investigative Journalist, The Jaxen Report, The Download
The EU is also under threat, with capacity set to fall to 11%, far below the 30% minimum seen as safe. And what does this all come out? Why are we talking about this? We're supposed to be health journalists here. Well, this leads directly to health, well-being and mortality in life. So we've been we have been conditioned that warm weather, the temperature rising, is dangerous for humanity. But it's actually cold weather and continued cold weather. That's the most dangerous. This is the Lancet. Here's the headline they made with a study they're doing. Cold weather kills far more people than hot weather. It says cold weather kills 20 times del 20 times as many people as hot weather, according to an international study analyzing over 74 million deaths in 384 locations across 13 countries. That's what we're talking about. This rapid shutting down of energy infrastructure in the name of the climate and not thinking, what if we're wrong? What if we're wrong?

[00:41:31] Del Bigtree
Yeah, it's really amazing. And, you know, I wonder now we watched Bill gates backtrack. He's probably directly in line with you and maybe even guided them or whatever puppeteers above all of them as we try to imagine what's making all these decisions. But I can't help but think what we keep saying. You know what happened? The WEF, all of these companies were like, oh yeah, net zero. And you know, you will only be a renter. And, you know, all of these great visions of a future where you're only driving five minutes from your house and you never travel and never get an airplane and shut down the airplanes and all of that that they were planning on doing. Now, suddenly all those same companies that were dictating to us this beautiful future are investing all of their money into AI and data centers and recognize we're about to need like 100 times the amount of energy we ever told you was too much. And so now this entire conversation is changing because they realize they can't get to convincing us to build more energy plants and suck all of our water off this planet, unless they can get away from this global climate frenzy that they created.

[00:42:38] Del Bigtree
And again, you just realize we're being manipulated on all sides of this. But Jefferey really great reporting, and obviously I want to say it every time we do the environmental thing right. I want clean water. I don't want polluted water. I want to be able to go fishing with my kid in the lake nearby, pull the fish out and go eat it, not worry if it's got mercury poisoning and everything else. I don't want my children breathing bad air. I think all of those things we can get to, but you know, it's going to take us working together, not from a mommy state, taking away our right to drive, fly or live. All right. Jefferey amazing as always, really some great things there to celebrate a long time coming. So keep up the great work, I love it. You're covering so many of the things that are, you know, we're not able to handle on the down load. The Monday show is doing great, so keep up the good work.

[00:43:33] Jefferey Jaxen, Investigative Journalist, The Jaxen Report, The Download
All right. Thanks so much.

[00:43:34] Del Bigtree
All right. Take care.

[00:43:36] Del Bigtree
All right. Well, we had a great again legal update this week. A total of 9 million pages of Pfizer and Moderna files finally obtained 1861 days following the first request. This goes way back. And if you've been watching The HighWire, and frankly, if you're just watching for the first time, you know, one of the things I say when I talk about the work that I do, I'm the CEO of ICAN. I've never heard of that. I'm the host of The HighWire. Interesting. Yeah. Where's that show? I say, let me ask you this. Did you hear about how the FDA was trying to hold on to the Pfizer data from the Pfizer trials of the vaccine for 75 years? Oh, yeah. I heard about that. That was us. And then now all of a sudden, I got their attention. There's no one that didn't see this headline. The judge scraps. Let's read it one more time. The judge scraps 75 year FDA timeline to release Pfizer vaccine safety data, giving agency eight months. Obviously, it took longer than that. There was a lot of lies and deceit from the other side, but now we've officially got all of that data is now available to everyone in the world. To talk about the significance of that and discuss how we got there and what we're looking at in the future. Um, I am joined right now by Elisha Perkins, one of the outstanding attorneys that is in our FOIA department. Alicia, thank you for joining us.

[00:44:57] Alycia Perkins, Esq. Attorney, Siri & Glimstad
Thank you so much for having me. Like Del said, I am a FOIA attorney at Siri and Glimstad, where we have seven full time FOIA personnel, actually, four of whom are attorneys. Um, having this team allowed ICAN the ability not just to ask more questions and to submit a large volume of requests, which we do over 4000 ICAN funded requests. But to stick with those requests through every stage of the process until we get those meaningful answers. And I can and its supporters make this possible.

[00:45:26] Del Bigtree
You know, it's interesting when we talk about FOIA requests, sometimes there's people out there go, well, anybody can make a FOIA request. That's not really a legal action. Can you describe for people what our process is when we bring a FOIA request and how that leads us into courtrooms. What part of that process is that and how important is it to these lawsuit wins? We see years down the road.

[00:45:51] Alycia Perkins, Esq. Attorney, Siri & Glimstad
Absolutely. So it is true FOIA and there's a FOIA statute, and that allows any everyday person to file a FOIA request. Anyone could. The difference is you do need to know what you're asking for and the way in which you ask it. You're not able to go to the government and ask an open ended question or send the government on a wild on a wild goose chase. As much as we would probably like to. You have to actually know the answers to the questions that you're looking for before you submit that request. So that's what our team does. It's not just attorneys fighting into battle into the courtroom. It starts at a basic level when it comes to that request. So when we first send that request, we have put so much research into the background of that request. What are we looking for? Who are the named individuals that we are going to put in that request. What is the timeline year and the time span that we are looking into? All of those things are imperative when sending this request to the agency so that we don't get a bounce back saying, well, your request wasn't specific enough, so we are just going to close that request. From there, if we do get a response from the government, then that response can come with records. Great. We now have transparency. We're now able to look at those records, but typically those responses look like, no, we don't have any of those records or no, you're not allowed to have those records. And they come with redactions. That's when appeals come into play and ultimately legal action if necessary.

[00:47:13] Del Bigtree
All right. So then when we bring the legal action, in this case, the Pfizer data, which we are finally seeing the end of, what was that process? What did it take to get that data, and why did it end up taking longer than the one year we were told it was going to take?

[00:47:29] Alycia Perkins, Esq. Attorney, Siri & Glimstad
Well, so in plain English page empty. Back in 2021, we submitted a legal request on behalf of public health and medical professionals for transparency to FDA to disclose all of the documentation relied upon to license Pfizer's Covid 19 vaccine. Fda then refused to expedite the production of records, even though the expedited the vaccine was expedited, which compelled two lawsuits on behalf of PFE empty one in September 2021 for Pfizer, age 16 and Up data, and one in October of 2022 for Pfizer age 12 through 15. Data and Moderna ages 18 and up. Fda then claimed that it would need over 75 years to complete its production of the 18 and up data specifically. Thankfully, though, in that case, the judge, honorable Mark Pittman in the Northern District of Texas, called out FDA's unreasonable delay and ordered an expedited timeline, which looked like the following. So pf empty won, the court ordered FDA to produce 55,000 pages per month. And remember, that number was originally 500 pages per month.

[00:48:33] Del Bigtree
This is a slight increase from 155,000 a month.

[00:48:38] Alycia Perkins, Esq. Attorney, Siri & Glimstad
Right? So in 52. The court then ordered FDA to produce 180,000 pages per month. Ultimately, that resulted in 9 million pages of data publicly released.

[00:48:51] Del Bigtree
And that's. And the reason and the reason it increased, if I'm right, Alicia, is that they had lied to us about the amount of pages that was actually there. So the 55,000 was supposed to get us to all the pages by the end of the year, and we started realizing it was going and going and going. The year was past, and that's why we had to bring pH. Mpt to, which was to go back to the judge and say, judge, something's wrong here. We're getting 55,000 pages, but it's still flowing like a river. And we discovered there was more.

[00:49:21] Alycia Perkins, Esq. Attorney, Siri & Glimstad
We did. And we also knew from other internal legal disputes that we had going on. We knew that we were missing a large a large quantity of data. And we went back to the court, we had we had a lot of ongoing legal battles about this because we showed the judge, look, we know that there should be more. And so ultimately, that that allowed us to receive the data and not only empty one, but thankfully, the judge then ordered that data to automatically be produced in empty two, which got us to that 9 million pages number, which as of October 1st, all has, according to FDA, been released to the public.

[00:49:57] Del Bigtree
Fantastic. And that means science around the world can be done on this data. Books are being written about this data. I want to thank you for being a part of making that happen now. Um, one of the complaints, I read it in a recent article, I think today about ICAN the lawsuits were bringing that, you know, there's just not enough manpower inside of these government agencies to deliver all of the, the pages that are being requested here, which is the argument the FDA made for needing 75 years. Certainly found a way, but are we still getting that argument, pushback? And what are our thoughts about that?

[00:50:32] Alycia Perkins, Esq. Attorney, Siri & Glimstad
We are. So as you know, has been going on for years now. The original request was filed back in 2021. So we're looking at five years and we've, like I said, have submitted a number of FOIA requests in that time and in FOIA litigations that we've had. In the meantime, we're getting that same pushback. We don't have the manpower, and now we don't have the manpower because all of our manpower is going to this unacceptable production rate and pH. Nmt1 and Nmt2. But this moving forward has is the difference that litigation can make. So FDA has shown that they are able to produce over 100,000 pages per month. If they are ordered to do so by a court, they should continue that production schedule moving forward, instead of going backwards to the 300 to 500 pages per month. And the point is, if they can do it, they should continue doing it. We don't want to go back to less transparency and to need to obtain a court order to ensure transparency through record production, but we will continue to do that as necessary because we have plenty of cases where a stay is in place, because judges have agreed that FDA just does not have the manpower. But now that pH one and pH two is complete, we should have the manpower to start processing the rest of those requests.

[00:51:44] Del Bigtree
Amen to that, Alicia. You're all over it. So is the team over at Siri and Glimstad and want to thank you for taking the time to celebrate. Really? This was a huge lift. I think it's probably the biggest accomplishment in many ways. Maybe second to getting the religious exemption in Mississippi. But this is data that affected the entire world. We now see where the lies were inside of Pfizer. Ultimately, the lies at Moderna and the V-safe data, all of it. So keep up the great work, Alicia. It's clear they've got a pit bull on their heels, so I'm going to let you get back to it.

[00:52:18] Alycia Perkins, Esq. Attorney, Siri & Glimstad
Thank you so much for having me, Del.

[00:52:20] Del Bigtree
Alright. Take care. So look, I mean, that is what when you're you know, when we're talking about, oh, FOIA requests, you got thousands of FOIA requests. We got 90 cases going on right now. One of the things I want to make clear, it's not just Aaron Siri. There's a team of 70 experts, mostly attorneys, that are working on behalf of ICAN to get all of these things done, to get transparency. And it's more important now than ever that we get this before they start censoring us, before we have rogue judges put back in place, and before we have another, you know, future Biden type administration that shuts down this work in favor of total control and protection of the government. We want transparency. So now 180,000 pages produced, we've shown they can do it. They're all buffed up. They've done their workout. We're going to keep it coming and demand more and more be done. This is what happened there. The 500 pages monthly was turned to 55,000, then 180,000, ultimately 144 million plus health entries released on the V-safe data. 7.8 million free text entries. There's a book out now with those entries that people are reading from. Um, so it's amazing to see. I can plant a seed, but it's really the forest that that turns into in the hands of the people. Other organizations, that's what we do. We plant the seed and get it rolling. If you want to be a part of that process, if you've seen the value of what we're doing here, I hope you'll become a recurring donor. We're just asking for $26 a month for 2026.

[00:53:57] Del Bigtree
But whatever you can give, it's really great if you can become a recurring donor. That lets us know if I can say to Erin, yes, go ahead and launch that new website on fluoride, or we do want to get into EMFs or whatever we're looking at. Um, I want to be able to say, yes, you make that possible. If you have done very well in life and you want to maybe, you know, personally know I did that. I had that case. We can talk to you specifically, just go to info at ICANdecide.org. I started out this show talking about my children and my teenagers. There's headlines everywhere. Some of them that have been really scaring me are just about their own human interaction. Thinking about them, are they going to be married? Are they going to have families? And I see headlines about fertility and sexuality that look something like this sexless America. Young adults are having less sex. Um, you know, it would be one thing if we were talking about 15 year olds, but that article goes on to talk about 22 to 24 year olds, 25 year olds up to 30. And so though we were maybe trying to get our kids to, you know, have a little restraint, have we gone too far? U.s. fertility rate hits historic low as women delay pregnancy and have fewer children. This is just one of the topics that I'm looking forward to talking to our next guest about. I told you, I ran into him just yesterday. We've adjusted our whole show to get the opportunity to talk to John Gray.

[00:55:28] Male News Correspondent
Well, you probably heard of the famous book Men are from Mars. Women are from Venus.

[00:55:32] Female News Correspondent
It's been on the bestseller list for four years and sold more hardcover copies in the 90s than any book except the Bible.

[00:55:40] Female News Correspondent
Men are from Mars. Women are from Venus.

[00:55:42] Male News Correspondent
I am fired up to welcome Doctor John Gray.

[00:55:45] Male News Correspondent
Your original book has been translated into 45 languages in more than 100 countries. There's a need for this kind of guidance, really. Across many cultures.

[00:55:53] John Gray, PH.D, NYT Best Selling Author, Marriage Counselor & Sex Therapist, MARSVENUS.COM
Men don't understand how women are different. Women don't understand how men are different. So when those differences show up, often we want to say something's wrong with our partner. So many people know men are from Mars, women are from Venus. But it's the culture has changed. So some of our insights for having lasting love, great sex, passion, romance, all that stuff. We need to have new insights. What happens as women become providers. A new dynamic sets up and we need to know new communication skills for that equality in the relationship. My commitment is to teach people how to be how to create more love in their life, which then is supported by biology. We want to live long life and quality life. Quality of our relationships, I think, is the most important thing.

[00:56:42] Del Bigtree
I think this is one of those segments that probably want to give it like a PG 13 rating. Many of you have your young children watching. The HighWire is an educational part of your home school program. You may want to consider whether this is a conversation you want to have them in the room for. I will leave that to you, but it's my honor and pleasure to be joined now by John Gray.

[00:57:03] John Gray, PH.D, NYT Best Selling Author, Marriage Counselor & Sex Therapist, MARSVENUS.COM
I am so happy to be with you. I've been a fan since Covid.

[00:57:06] Del Bigtree
Well, that's, you know that's amazing because I ran into you not just this event this week, but we first ran into each other like a year or so ago at a holistic health convention. And you said you kind of ran into some trouble with all of the people that were following you during Covid. What happened?

[00:57:21] John Gray, PH.D, NYT Best Selling Author, Marriage Counselor & Sex Therapist, MARSVENUS.COM
I was telling everybody, and then people just started not following me. And but see, I was canceled in 2001. Yeah. When I when in 2000, I was hit as the biggest selling book in the world. Yeah. Okay.

[00:57:35] Del Bigtree
Amazing. And congratulations.

[00:57:36] John Gray, PH.D, NYT Best Selling Author, Marriage Counselor & Sex Therapist, MARSVENUS.COM
So the people of they became aware he's become too popular. And one day Oprah stopped calling me back. Usa today, they all said, oh, we've done you, we've done you, we've done you. All my corporate engagements. I used to get to all the major corporations. And one day, basically in a week, nobody would allow me to come in. I'm considered a sexist. That became the narrative. If you look at what happened in, in, uh, in China during the revolution, the first thing they did is shaved women's hair, sex stopped. You're all comrades that everybody needs love. We need to feel somebody caring for us, someone to care for. And if you don't have a relationship, the government becomes your parent. And when that's how you control people, you can't have love in your life except you become dependent on a government. And so people just they don't have that stability in their lives, breaks up marriages. So I became the opposite of that message. And I've been fighting that battle, actually, why I became so popular. As I talk about how men and women are different in a positive way, with a deeper understanding. The universities are all saying we're the same. Psychologists would hate me. So many of my ideas. And then they started to like me because their students would come in. Their clients would come in and say, we read this book and it's helping us so much. So now it's about 50/50. Many people still think I'm a massive sexist, but the media, the narrative is, is men and women are the same.

[00:58:59] John Gray, PH.D, NYT Best Selling Author, Marriage Counselor & Sex Therapist, MARSVENUS.COM
Yeah. And we've lost this whole dynamic that men are men. Women are women. Traditionally. We always had that relationships were better. Then we add another thing on to it, which is the whole movement of women moving to become more independent, which I'm not against in any way. I just know it creates more problems. Yeah. You know, my dad had a good living. My mom depended on him. Seven children. They had a wonderful relationship. They stayed together. They loved each other. Today, when women in the workplace, what happens is they start making more male hormones. When any time a woman is experiencing stress hormones, what's going on in her body is too much testosterone and not enough estrogen. It's very biological. All you have to do in a woman's body, if she's making a lot of testosterone and not balancing it with the right amount of estrogen, she will produce cortisol levels. Now, when the brain experiences cortisol levels, it doesn't know the difference between a tiger is attacking me or I'm late for an appointment. You're going to have the same reaction, which is irrational if it's just you're late for an appointment, right? And the same thing for men. So men, we become angry. We get upset, we shut down. Why? We have a stress response Whenever a man's testosterone levels go low, his estrogen will go high. That's an imbalance. And he will be he will be having a stress response.

[01:00:20] Del Bigtree
So what? I'm getting stressful when I'm getting frustrated and angry. My testosterone is plummeting.

[01:00:25] John Gray, PH.D, NYT Best Selling Author, Marriage Counselor & Sex Therapist, MARSVENUS.COM
That's why people don't know that they think testosterone causes men to be angry or aggressive. All the irritability and grumpiness and selfishness that men often women will say about men, always at those times, their testosterone, they're producing cortisol. Fight or flight. The cortisol is being produced because their testosterone is low, their estrogen is high. Now, you could say the cortisol is being produced because there's real danger. But your brain says if your testosterone is low and your estrogen is high, you're being faced by a tiger. So we overreact. But the way men first start to overreact is we become really quiet. And quiet is a way for men to rebuild testosterone. Talking is a way for women to build estrogen.

[01:01:08] Del Bigtree
Really?

[01:01:08] John Gray, PH.D, NYT Best Selling Author, Marriage Counselor & Sex Therapist, MARSVENUS.COM
Yeah, So do I.

[01:01:09] Del Bigtree
If men talk. Do we build estrogen? Yes. Really?

[01:01:12] John Gray, PH.D, NYT Best Selling Author, Marriage Counselor & Sex Therapist, MARSVENUS.COM
And there's nothing wrong.

[01:01:13] Del Bigtree
So talking is incites estrogen. Whether you're a man or a woman.

[01:01:17] John Gray, PH.D, NYT Best Selling Author, Marriage Counselor & Sex Therapist, MARSVENUS.COM
Right. Either one. And not talking.

[01:01:19] John Gray, PH.D, NYT Best Selling Author, Marriage Counselor & Sex Therapist, MARSVENUS.COM
And solving problems and making money makes testosterone. So women are now out there. Independent independence makes testosterone. You know, when you feel like I can do this, I've got this. You know, the statue of David. You know this guy he wrote. He's standing there. He's going, I've got this. This is what women need from men. Because if they're in touch with their feelings, they're either suppressing their feelings and becoming overly masculine or they're in touch with their feelings. Stress. Whenever a woman's in stress, her emotions will be irrational. And nobody talks about this. You're not allowed to say that because I wouldn't say to my wife when she's being irrational.

[01:01:52] Del Bigtree
I mean just just so I can balance it off. You're also saying men are becoming irrational when our testosterone is dropping down and we're jumping into giant arguments and starting a.

[01:02:01] John Gray, PH.D, NYT Best Selling Author, Marriage Counselor & Sex Therapist, MARSVENUS.COM
Actually, what I'm saying is that at moderate stress and at high stress, cortisol or adrenaline, Women will experience negative emotions under moderate stress. We don't.

[01:02:11] Del Bigtree
Men don't.

[01:02:12] John Gray, PH.D, NYT Best Selling Author, Marriage Counselor & Sex Therapist, MARSVENUS.COM
Men don't. We have studies showing that men are experiencing adrenaline, which is why we like adrenaline. It. We don't make negative emotions like right now you have no negative emotions. You basically have no feeling. We're being logical. We have a goal. So men are designed.

[01:02:25] Del Bigtree
And I keep saying when people come up to me personally, del, you know, thank you for your sacrifice. I find myself saying I'm a warrior. I mean, I like to charge bunkers, I don't mind, you know, being, you know, attacked. In fact.

[01:02:39] John Gray, PH.D, NYT Best Selling Author, Marriage Counselor & Sex Therapist, MARSVENUS.COM
I, you know. I love who you are. I see you have your lane. I've got the lane of relationships. I stick in that lane. I've been fought, I've been battled. I never received. Well, I was the biggest selling author in America in the world I never received while I was at the top. A positive print interview.

[01:02:55] Del Bigtree
Really.

[01:02:56] John Gray, PH.D, NYT Best Selling Author, Marriage Counselor & Sex Therapist, MARSVENUS.COM
Always criticizing me, always saying I'm dangerous. Always. Now the media.

[01:02:59] John Gray, PH.D, NYT Best Selling Author, Marriage Counselor & Sex Therapist, MARSVENUS.COM
You prove.

[01:03:00] Del Bigtree
My point then there's no such thing as bad press. In fact, maybe negative press is even better.

[01:03:05] John Gray, PH.D, NYT Best Selling Author, Marriage Counselor & Sex Therapist, MARSVENUS.COM
Yes. And and I have to be grateful for on the video. I mean, I'm a wonderful person. Everything I say makes sense. It's good. I have a chance to counter the complaints articles or have their bias.

[01:03:16] Del Bigtree
Yeah.

[01:03:16] John Gray, PH.D, NYT Best Selling Author, Marriage Counselor & Sex Therapist, MARSVENUS.COM
And everybody wants to see TV as a positive thing. So and I'm a positive person. So I was the darling of the media. I was on every show, 18 Oprah shows I coached her, I went to the today show. All those with that much exposure, I could sell a lot of books. So they cut it out. I'm not allowed on national TV.

[01:03:32] Del Bigtree
It's interesting, which, you know, I think you saw and I think you are right. You realize that as we're moving in this dystopian future that we read about, androgyny becomes a big part of all of these stories, whether it's 1984, Brave New World, and I start feeling like we're moving into this place and we're the same. There's no difference. Doctors decide your sexuality, things like that. But how do we explain this phenomenon right now in our youth?

[01:04:00] Del Bigtree
I still talk about these teenagers that are coming out because I have one right now and it's a different world than I. We all had we all had, you know, testosterone.

[01:04:10] John Gray, PH.D, NYT Best Selling Author, Marriage Counselor & Sex Therapist, MARSVENUS.COM
Okay, let's look at the facts. Yeah. Okay.

[01:04:12] John Gray, PH.D, NYT Best Selling Author, Marriage Counselor & Sex Therapist, MARSVENUS.COM
The last 20 years.

[01:04:13] Del Bigtree
Yeah.

[01:04:14] John Gray, PH.D, NYT Best Selling Author, Marriage Counselor & Sex Therapist, MARSVENUS.COM
Male testosterone levels at 20 years old have gone down 20%.

[01:04:18] Del Bigtree
Okay.

[01:04:18] John Gray, PH.D, NYT Best Selling Author, Marriage Counselor & Sex Therapist, MARSVENUS.COM
That means that they're going to be more reactive. They're going to be more insecure. They're afraid to face relationships. And females have become more testosterone oriented. They're more independent. And when a woman feels independent, I don't need you. See, we grew up knowing that, you know, we had a job to do. You weren't going to get sex, basically. You didn't make a woman happy. You had to provide for your family. You had to work hard to do that.

[01:04:41] Del Bigtree
Yeah.

[01:04:41] John Gray, PH.D, NYT Best Selling Author, Marriage Counselor & Sex Therapist, MARSVENUS.COM
And a lot of males don't have fathers who. They can see that. You see, kids learn by their fathers. Boys learn. I can do that by the fathers who are confident to do that. And the mothers that can depend on the father. But then you've got a whole nother element going on here. What you have is atrazine, which is a pesticide that makes the frogs gay. It makes the male organs and female organs in the frogs. This is in all of our food. It's messing with our hormones. Big deal. Plastics inhibits testosterone production, and it promotes testosterone production in women. So when women are making more testosterone, when they're making it, they're not making a lot of estrogen. And any time a woman is unhappy, stressed producing stress hormones, her estrogen is low. Her testosterone is too high. So what is low in and high? If you look at this go Google search. You just look at what are the standard hormone levels for a woman versus a man. As you as a healthy male, you will have ten times more testosterone in your body than any woman around.

[01:05:43] Del Bigtree
Okay?

[01:05:43] John Gray, PH.D, NYT Best Selling Author, Marriage Counselor & Sex Therapist, MARSVENUS.COM
You have to make ten times more. So you're naturally going to focus on behaviors that produce testosterone. Because if you don't make that testosterone, your estrogen goes up. Your, your, your stress levels go up. Anytime a man is stressed, his testosterone is going.

[01:05:57] Del Bigtree
Fascinating. We have to tune in on that. And when I you know, because I can be moody. I think that's a newsflash to everyone here, but I mean.

[01:06:05] John Gray, PH.D, NYT Best Selling Author, Marriage Counselor & Sex Therapist, MARSVENUS.COM
Yes, I talked to your wife.

[01:06:08] Del Bigtree
My, my thing is, I tend to like, I can deal with a lot of stuff. I handle it, I handle, I handle it well, and then there's just that thing that triggers. And suddenly it's.

[01:06:15] John Gray, PH.D, NYT Best Selling Author, Marriage Counselor & Sex Therapist, MARSVENUS.COM
Like, so what do you do? You know, do you fish? Do you hunt? Uh.

[01:06:19] Del Bigtree
No. Um, I ski, I do, I mean, I like to do sports, things like that.

[01:06:24] John Gray, PH.D, NYT Best Selling Author, Marriage Counselor & Sex Therapist, MARSVENUS.COM
Well that's that, yeah.

[01:06:25] John Gray, PH.D, NYT Best Selling Author, Marriage Counselor & Sex Therapist, MARSVENUS.COM
That's what I call cave time. Time where you're not trying to make your family and your wife happy.

[01:06:30] Del Bigtree
Okay?

[01:06:30] John Gray, PH.D, NYT Best Selling Author, Marriage Counselor & Sex Therapist, MARSVENUS.COM
You're busy giving yourself everywhere. You need more time to recuperate, to rebuild your testosterone. And an example of I talk about cave time as a way for a man to rebuild his testosterone. It's anything a woman would consider to be a waste of time.

[01:06:43] Del Bigtree
Mhm.

[01:06:44] John Gray, PH.D, NYT Best Selling Author, Marriage Counselor & Sex Therapist, MARSVENUS.COM
Okay. So so if a man's trying.

[01:06:45] Del Bigtree
Is why I like mowing the lawn, like I get on the tractor and it takes, like, four hours. Can't hear the phone, can't do anything. People said, like, why do you get a lawn guy to do that? I was like, actually, this is like the one place. But.I'm all alone.

[01:06:58] John Gray, PH.D, NYT Best Selling Author, Marriage Counselor & Sex Therapist, MARSVENUS.COM
But the the. There's one word that I want all fathers to teach their sons. All men to know is because you told me. Sometimes the stress just builds up and you're faced with how the evil of the planet. All the time you're fighting that battle. You're not always winning it, so to speak, because you have to fight it. So anytime you're feeling stress, okay, when somebody is attacking you or challenging you, you're going to have some stress reaction. What that means is you've got to hit to your testosterone, and now you're going to come home and your wife is going to be stressed in her life, and she'll start talking about her problems and sometimes looks at you as the problem at that time, you're already stressed. You can't hear what she has to say. What you're going to do is be logical and explain to her, honey, you don't need to be upset or that's not a big deal. You're handling the big problems. This is little stuff when you look at the reality of it. And so what we think is we give our solutions. She's going to feel better. We don't understand women. Men just don't understand how important it is for women to vent what they feel. Emotions of dissatisfaction, of frustration, of worries and concerns. But women have to learn. If they want a man to listen. They have to learn to put the context of I'm not trying to change you. You don't have to fix anything. I'm just venting.

[01:08:11] Del Bigtree
We fix. We turn it into a lesson time. Oh, honey, let me teach you then how to do that. That never goes.

[01:08:15] John Gray, PH.D, NYT Best Selling Author, Marriage Counselor & Sex Therapist, MARSVENUS.COM
Well. Never goes well. Let's see what.

[01:08:18] John Gray, PH.D, NYT Best Selling Author, Marriage Counselor & Sex Therapist, MARSVENUS.COM
Happens under even moderate stress for us, blood flow leaves the leaves. The emotional part of the brain goes to the logical brain. This is so we can handle danger. You can't have fear and handle danger. So then when cortisol comes in, then our emotions are totally irrational. But for women under moderate stress, they can measure this. Blood flow leaves the prefrontal cortex logic and goes back to the emotional part of the brain. They need to talk about those things that are bothering them. It will raise their estrogen and their stress goes down. And men don't know that when my wife's upset, she's complaining about something or this is going on and she feels totally safe to do it. A lot of women don't do it, and so they're more stressed because I know it's like a cloud has passed the sun. Just hear her. Help me understand that better or tell me more. And what you have to know in your mind. This is not going to last more than ten minutes. You're going to be fine. She's going to be so appreciative of you. Just listen that you just listened. And during that time, you know, women are not perfect. They're going to throw in complaints about you and whatever. Ideally, they can minimize that. I teach a lot about rather than complain, ask, see a complaint is just a request and how to do that. But still, they're not going to be perfect. Nobody's perfect. So when the complaint hits me, what I focus on in my mind is I'm going to have a reaction, like a little anger or frustration, a defensive reaction.

[01:09:36] Del Bigtree
Yeah.

[01:09:36] John Gray, PH.D, NYT Best Selling Author, Marriage Counselor & Sex Therapist, MARSVENUS.COM
Contain you can't. And it will pass inside of you if you just contain because the anger is saying, I'm in danger, I have to do something. So if you don't do anything, your brain eventually gets the message. There's no danger if I'm not doing something. So that's the idea is your brain can let go of the anger. But the word for that, that boys are not taught, men are not taught, contain. See, this is what you do when you work out in the gym. It's ten minutes of suffering.

[01:10:03] Del Bigtree
Yeah,

[01:10:04] John Gray, PH.D, NYT Best Selling Author, Marriage Counselor & Sex Therapist, MARSVENUS.COM
We Can do that. But we think, why should I have to do why? Why? I can just tell her to change what she feels and then the problem will go away. No, it's part of recognizing relationships. Always have women going up and down, men going back and forth. Because when men are stressed, they need to pull away. Pulling away rebuilds testosterone. Then he comes out. But what women will do is when he pulls away, she'll go after him, trying to get him to talk about his feelings. What's the matter? Let's talk this through. Like just what all therapy says. No, he has to learn how to handle himself. Now, there's two ways to handle yourself. Many, several others. But one is just go mow the lawn. Yeah. Haven't you been upset with your wife and went out and mowed the lawn and it's nothing.

[01:10:45] Del Bigtree
Yeah.

[01:10:45] Del Bigtree
Just give it some time and let it. But all it is, is my energy is changing, right?

[01:10:50] John Gray, PH.D, NYT Best Selling Author, Marriage Counselor & Sex Therapist, MARSVENUS.COM
That's right.

[01:10:50] John Gray, PH.D, NYT Best Selling Author, Marriage Counselor & Sex Therapist, MARSVENUS.COM
What you're doing is.

[01:10:51] Del Bigtree
Testosterone levels are.

[01:10:52] John Gray, PH.D, NYT Best Selling Author, Marriage Counselor & Sex Therapist, MARSVENUS.COM
Your goals are being achieved effortlessly. Sometimes you have to fight and that's going to cause stress. So this is what cave time is. It's doing something that causes you to, uh, challenges you. It could be in a game or it can be watching you.

[01:11:05] John Gray, PH.D, NYT Best Selling Author, Marriage Counselor & Sex Therapist, MARSVENUS.COM
Just hearing the news. That's my favorite thing, which is hearing the news is other people's problems and solutions to it. And I'm like identifying with you. I'm the solution.

[01:11:16] Del Bigtree
So tell me about you've got a new book. You know, you, you, you know, had the biggest book of all times. This one, I mean, it seems seems like you're asking for it here. Men are from Mars. Women are from Venus for women only. Um, be be happy with or without a man. So what is what does that mean? What does that what it means is that.

[01:11:38] John Gray, PH.D, NYT Best Selling Author, Marriage Counselor & Sex Therapist, MARSVENUS.COM
Women, often women are stressed and they look to the man to make them happy. He can't. You have to take responsibility for a certain level of your happiness. And one of the reasons women can't take responsibility. They don't understand first how to get what they need from a man. They communicate the wrong way. But also, they're not taking enough time to vent their feelings with other women. See, other women are going, yes, I know just what you feel. I know just what you feel. And so they're going to get a certain level of empathy from another woman, and then that will lower her stress. She'll be happier then she can share her feelings. At times when problems are big and she shares with her husband. And as long as she's not expecting him to be a girlfriend, he will feel compassion. If you look at Tibetan Buddhism, the whole thing is geared towards men. The highest thing you can do as a man is to be compassionate. That's what you are. You care, you're upset. We got to get this done. We're going to do whatever it takes. That brings out the selflessness. And a man is compassion. So this is a woman. When she's feeling vulnerable, it always opens a man's ability to feel compassion. If a woman's not vulnerable, he will defend himself. So teaching women how to be vulnerable, how to connect with more estrogen in their body and take it to the highest level.

[01:12:47] Del Bigtree
I mean, I would imagine you're coming under some heat. Shouldn't a woman be writing this book? Not a man. I mean, you've been accused of being sexist before. Well, now you're really dancing, as I would call it, the Highwire. So why are you why are you why are you writing this book?

[01:13:02] John Gray, PH.D, NYT Best Selling Author, Marriage Counselor & Sex Therapist, MARSVENUS.COM
Well, I'm the only one who knows this. There's nobody that writes about the actual biology of it. See, people could attack me. This is just my ideas. Now I'm talking about facts. Men and women measure their hormones. Any woman who's unhappy and stressed has low estrogen and she becomes less fertile. So we see this whole crisis of infertility, and women and women are not able to get into relationships. They're waiting, waiting to get in relationships because they're in their male side. And the male side says, I don't need anybody. I see if a woman is not on her male side, she's very much aware of her feminine energy that says, for me to be happy, I need to feel have help in my life. I've helped. Not that I have the men do everything, but it's like, this is what raises estrogen. Anytime a man helps a woman. And even when she picked you, she said, this is a guy I respect. I know I can depend on him for something meaningful to me. But now that women are so independent and the older they get, the harder it is because they're more and more independent. Why do I need a man? So I've written this book for all ages, for women to realize what you can get out of a man and why you haven't gotten it in the past. And I say it's for women only, but men should read this book with their wives and make it a gift to her. And he'll get so many points for learning this stuff. And it's all about how women can change and men will automatically change.

[01:14:16] John Gray, PH.D, NYT Best Selling Author, Marriage Counselor & Sex Therapist, MARSVENUS.COM
See, it's like one person goes, hi, the other one come. Hi. We all know if you make a change in yourself, everything changes around you. And there's no place where it's more powerful than in relationships because you're connecting so much and you care so much and you're bonded so much. When she makes a change, he changes. And think about this. What we all know when when mama's happy, everybody's happy. Nobody says when dad's happy. And the truth is, if you come home and you're really happy and your wife's in a bad mood, she'll become more unhappy because you're so happy. But I always test when I love my job. But when I come home, I don't like, say, how great it was. Unless she's already feeling good. Because women want you to feel the same. They want that connection. Connection. Sharing experiences raises estrogen. And for men, we want estrogen. That's what we want to connect with women. Because when you're really on your testosterone side to find wholeness, it's your female side. You want to go over there and men that don't have relationships with women to connect with their female side, we all want to be whole. They become drug addicts. They become ragers, you know, because whether you're doing positive feelings or negative feelings, you're making estrogen. We need a certain amount of estrogen to feel happy. Happiness is estrogen. But for a man, too much happiness and low testosterone is anger and dissatisfaction, irritability and lack of patience and and inability to commit. So, you know, now we have this polyamorous stuff and free sex everywhere. All right.

[01:15:39] Del Bigtree
So let's obviously I want to get deeper. There's a lot I actually want to ask you some questions about the relationships, my own, but also I'm seeing around me. I have several friends now. I'm at that age. Kids are leaving the house. A lot of my friends are getting divorces. They're talking about they haven't, you know, really had intimacy for years. I find that mind blowing. So I want to get into some of that. Why don't you stick around for off the record? Let's dive into what's happening in relationship.

[01:16:05] John Gray, PH.D, NYT Best Selling Author, Marriage Counselor & Sex Therapist, MARSVENUS.COM
I know we have no time, but I have to answer one question. Why do teenagers not having sex? Okay, intimacy is out there having sex online. It's all fake. Fake sex produces more dopamine and more pleasure than a real relationship. They have no skill. They can just easily get it with OnlyFans, with pornography. And what's the answer to that? It should be illegal. It used to be illegal and the Supreme Court said, no, you can do anything. Long before we had internet. It's prostitution, it's legalized prostitution. Children should not be exposed to that. And you talked about it earlier in the show. My suggestion may be naive because I'm not in that lane. Totally is. I know there's some apps that you put on your phone that will keep your child from seeing that. Yeah. And you don't have to give ID there. That's what they want to do. They explained it perfectly. They want control and they set it up like, don't you want your children to be free of that? And we can protect them. No, you can do it in so many other ways. A parent takes charge. And at my daughter's school, my son, my new stepson, I'm remarried, my wife died, and now I'm remarried again. I have a stepson who's 16 because I had all daughters. And I'm really happy to have a guy in the house. He's really helpful. And but but he went to the high school here. And one of his whole periods is identity. You know, they're not learning anything. They're learning about how they're all victims and dominant society and race theory and all this is crazy stuff. You don't introduce a child into this stuff. It's like you get power by being in a minority. I'm powerless. I'm mistreated. So now I get more attention, I get more. It's like all backwards. You know, we're teaching where to go. We're focusing on them being victims. That's really hard for males because anytime you feel like a victim and you're a male, you're making massive estrogen for women. It's hard on them, but if they can talk about it, then they come back to a balanced place.

[01:17:46] Del Bigtree
Alright. It's really great information. There's more to come. Stick around. Off the record, I'm really looking forward to this one. And I understand you. At one point in your life, you were a monk.

[01:17:55] John Gray, PH.D, NYT Best Selling Author, Marriage Counselor & Sex Therapist, MARSVENUS.COM
Yeah, that's.

[01:17:55] Del Bigtree
Alright. I'm going to talk about it later. If you want to hear about all that, you got to stick around. Off the Record airs on Friday nights. We're going to dive deep into all of these. How does it actually affect our relationships? How what do we teach our kids then under these circumstances? And then are there some tips and secrets that I can actually defuze the tensions that happen in our household before they get out of control? We're going to get into all that. But first, it's time. You know, just recently, I ran into a couple people that said, I just ran into someone at the airport that was wearing a Highwire gear. And then somebody else said, oh, I had the same thing happen. They were wearing American. And I went up and we actually got in a cab together to go to an event together. That's how it works. That's how you build community when you're walking around. So go check out our American gear at our Highwire shop.

[01:18:39] Female Speaker
You can't spell American without. I can at the informed Consent Action Network. Freedom starts with believing I can.

[01:18:47] Female Speaker
I can think for myself.

[01:18:49] Male Speaker
I can ask questions.

[01:18:50] Male Speaker
I can speak my mind. I can make my own choices every day.

[01:18:54] Female Speaker
I can fights for you and for the children of America.

[01:18:58] Male Speaker
I can demand informed consent.

[01:18:59] Catharine Layton, COO, ICAN
I can stand up for medical freedom.

[01:19:02] Male Speaker
I can choose a healthier life for my family.

[01:19:04] Female Speaker
For ten years, ICAN has stood up for the freedoms that have defined this country for 250 years. And freedom isn't just about what we fight for, it's about what we live for.

[01:19:15] Male Speaker
I can play hard. I can work hard,

[01:19:19] Female Speaker
I Can explore.

[01:19:20] Male Speaker
I can laugh.

[01:19:21] Male Speaker
I can love.

[01:19:22] Male Speaker
I can decide.

[01:19:24] Female Speaker
Freedom isn't just something you talk about. It's something you live support. I can and help us keep fighting for informed consent, medical freedom and the right to choose. Visit Thehighwire.com shop today for 10% off all books now through the end of October. Because I can.

[01:19:41] Group of People
Means we can.

[01:19:42] Female Speaker
Means American.

[01:19:48] Del Bigtree
As you can see, 10% off all of the books now on our website. We had so much success by giving that 10% discount on the War on Ivermectin. An amazing book by Doctor Pierre Kory. We thought, let's just go ahead and make all of our books available that way. So 10% off right now on all the books. These are the ones we really stand by. It's a great library. If you have those books, you've really sort of covered the gamut. And so and but every time you buy merchandise, it's great. It's a great way to support the work that we do while also sort of advancing your own experience for helping find your community, whether it's a hat or a shirt or something like that. So I want to thank you for that support and check it out. It's always changing. New things are there all the time. I want to just give a shout out. I'm going to be in Washington DC tomorrow night. On Friday I'm going to be speaking at the Wise Traditions conference. Go to wise traditions.org. This is the best prices. 26th Annual Conference. Tomorrow night we're screening An Inconvenient Study. I'm giving a small talk just before that. You can check that out. Um, and, uh, you know, by the way, if you're not aware of the work that Wesley Price has done, we discussed it last week with the dentist and a lot of the holistic dentistry is coming out of that because Wesley Price was a dentist, but he really got into food, how that's affecting our physiology.

[01:21:11] Del Bigtree
And of course, you know, right now we're talking about we're all starting our own gardens, our own farms. Uh, we're seeing our government finally investing in organic farms, regenerative farming. I think it's going to be really huge conference. It's one of the reasons they're doing it in DC this year. So if you're in the vicinity or want to, you know, hurry up and grab a ticket, get out there. That's where I'm going to be. Um, you know, talking to John Gray, you know, first of all, what a, what a beacon of light there and fresh air. And a lot of what we cover here gets really intense. Um, we talk about things that in some ways seem insurmountable, what our kids are dealing with, but there are simple solutions. If we can just get calm, get quiet. But also, I think talking to our kids, talking to our families, talking to our spouses, taking that time. But you know what I think is the most important thing? And, you know, this is just my own personal secret. You know, I actually sort of tend to be very positive. Maybe, you know, I'm a pathological optimist. I've been described that before, I think, in articles, but I really want to see the best in people.

[01:22:18] Del Bigtree
I really seek to see the best in the world around me. And even when you see me, if you've seen me interview people that I'm disagreeing with, um, I'm genuinely just trying to understand them. I'm not going for some gotcha moment. I'm not trying to humiliate somebody. I know that they're good people. I start that conversation with the assumption, I know you think you're doing what's right for children. You know, when I'm talking to somebody that's very pro-vaccine or a politician, I'll say, hey, look, I just want to start this conversation out by saying this. I know you really care about children, and it's why you have the beliefs that you do. I want you to recognize that in me, that I'm here because I am really concerned about the safety of our children. Now, we may have a disagreement about what that conversation is. So why don't we have that with the understanding? Let's see if we can figure out what actually is best for our children. And that's how I approach it. I see the best in the person I'm talking to, and I recognize that when we go in with a negative position, then where does that conversation ever lead? What conversation have you ever started going in an attack thinking the person is an absolute jerk, you know, has has that person ever come your direction when you go in like that? I would also say when we think about the government, when we think about the things that we want, you know, in the world, do you think it's any different to approach the things you want with a negative energy, that this is never going to happen? These people are totally against us.

[01:23:41] Del Bigtree
You know, the politicians are never going to follow through on what they said they're going to do. I think it's all the same, actually, when they say you're creating your reality, right. I think that there's a lot to it. What reality? What is my reality in that? What is my energy while I'm experiencing my reality? Am I, you know, glass is half empty. Everything's a problem. I'm a victim. As John Gray pointed out, I'm a minority. I'm an island all by myself and the world is against me. What do you expect to get from the world when that is your perspective? When you can literally just look at the same results of life and be on the glass half full side and say, look at all that's happened. Look at the good that's happened. Look what the government has done, right? Are there changes to be made? Definitely. But if we believe that change can be made, if we stand in a place that is positive. I just personally, and I will tell you, that is what the success of The HighWire is built on. That's what I can is built on when we do these legal updates and when we pull off winning against the FDA.

[01:24:42] Del Bigtree
It's not because we went in believing we would lose. It's because we knew we could win. We knew it was the right thing. We knew it was possible. And one of my favorite things is I travel the country. When people walk up to me in the airport, they say, you know what I love most about the Highwire? You always give me a sense of hope no matter what's going on. I feel like I have community and I feel like we're going to be okay. I realize what the issues are, but I feel like I can do something about it. That is the thing that makes me the most proud. It's not a lie. I just happen to believe we can do something about it. And I know that when we stay in a positive mindset and see the beauty in our life, take the time to enjoy our children, stop and smell the roses, but also realize that this is the life we're living. We live in super interesting times. Stop complaining about it. It's not going to change overnight. It's an onslaught of ridiculousness everywhere we look. Have a sense of humor about it and a sense of hope. And I think a lot more will shift our direction. I'll see you next week on the Highwire.

END OF TRANSCRIPT